

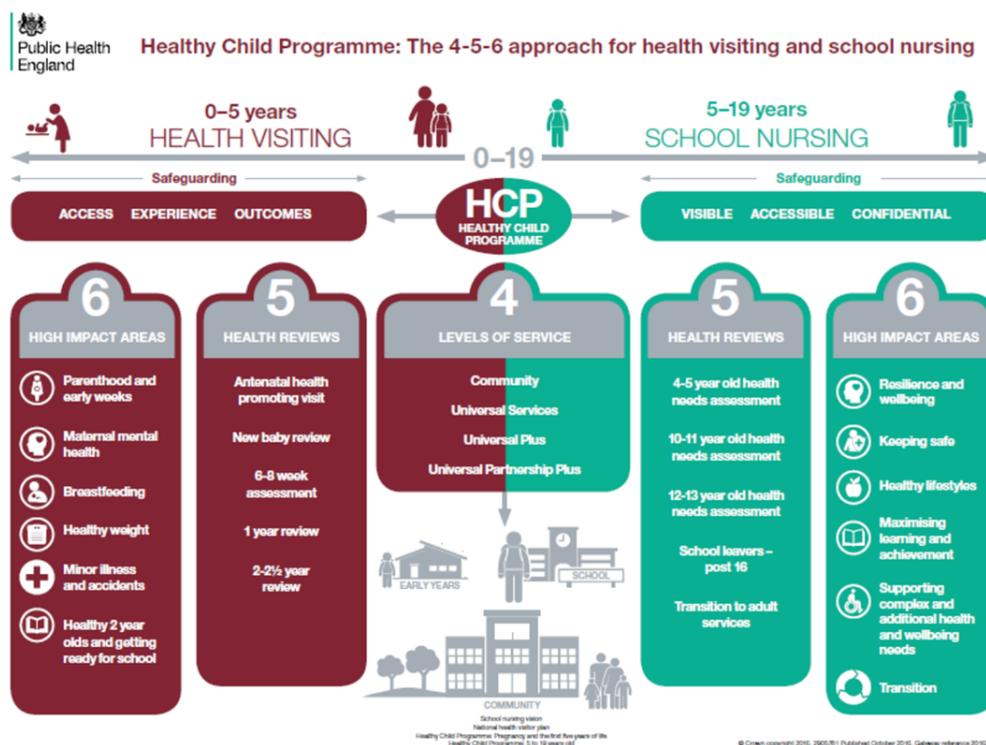
## Young Peoples Scrutiny Committee

Update 28.6.19

### Healthy Child Programme Re-commissioning

#### PURPOSE

1. To provide an update on the re-commissioning of the Health Child Programme (HCP) and the timelines for procurement.



#### BACKGROUND

2. The Healthy Child Programme (HCP) is a universal preventative child and family health promotion programme. It is available to all children aged 0-19 and aims to ensure that every child gets the good start they need to lay the foundations of a healthy life. It is a local authority mandated programme.

The 0-5 element of the HCP is led by health visiting service and the 5-19 element is led by the school nursing service, providing place-based services and working in partnership with education and other providers.

3. The current HCP provider is Harrogate and District Foundation Trust (HDFT), with the targeted elements provided by COMPASS (CVS) and NYCC Children and Young People's Service (see section 7 below). Current contract ends in March 2020, and there is a broad consensus on the need to change the focus of the current programme and service specification, and create a single 0-19 service across the health and care system.
4. An options paper went to the County Council Management Board (CMB) on the future delivery of the programme, and at its meeting on 5<sup>th</sup> February it was agreed to support integration of the programme with other children and young people preventative services across the council – the 'Childhood Futures Programme'. This would involve closer working and delivery

partnerships with our health partners and CMB supported this as an approach for future service delivery.

The Childhood Futures Programme proposal is now being developed, in line with the vision set out in the North Yorkshire Children’s Plan, Young and Yorkshire 2. It presents the opportunity to transform services and to use universal touch points to build an in-depth understanding of the strengths and needs of children, young people and families. Three areas (school readiness, emotional and mental wellbeing and risk taking in adolescents) form the initial focus of the transformation of approaches of partners to improve children and young people outcomes in North Yorkshire.

5. The HCP will contribute to the transformation programme and work has started to articulate how this might be achieved for children aged 0-5 years. For example, the Programme’s Six Mandated Checks will be central to ensuring that children are ready to learn at 4-5 years, through the effective early identification and addressing of early developmental and learning needs.

### CURRENT HEALTH CHILD PROGRAMME (OCTOBER 2016 – MARCH 2020)

6. In 2015 NYCC procured a range of 5-19 HCP in 4 Lots and upon transfer from NHS England to the Council, the 0-5 years Healthy Child Programme was re-procured in 2016. The full HCP was made up of the following services:

Service	Provider	Annual price	Description
Core Healthy Child Service 5 – 19 Service	Harrogate District NHS Foundation Trust	£2,517,000	Health promotion and prevention work (school nursing) across a number of settings including schools and manages the National Child Measurement Programme.
Core Healthy Child Service 0-5 Service	Harrogate District NHS Foundation Trust	£4,731,372	Universal Health Visiting service delivering the four levels of service, five universal health reviews and six high impact areas.
Targeted Healthy Child Service	Compass (CVS)	£577,155	A nurse-led service, working with children and young people who require intensive support, including the treatment for young people’s drug and alcohol misuse and early help for emotional difficulties.
CYP Healthy Lifestyle Service	NYCC	£300,000	Provides practical advice and support to overweight children and young people to improve their weight management and active lifestyles.
Residential Weight Management (decommissioned)	Morelife	£29,969	A residential programme for a small number of severely overweight children and young people.
Total		£8,155,496	

There is a requirement to make a saving on the current contract value.

## HEALTH CHILD PROGRAMME REVIEW

### Stakeholder Engagement

7. Engagement with stakeholders was carried out between August 2018 and February 2019 and consisted of:
- Young People Workshops;
  - Survey;
  - Customer experience interviews;
  - Strategic meetings;
  - Engagement events; and
  - Early Years Forums.

The engagement aimed to identify areas that needed to be changed or strengthened and identified the following key themes:

- Integrated working and information sharing across all stakeholders
- Clear access points and referrals
- Communication, marketing and awareness of the offer
- High Impact Areas – clear offer and consistent advice and support
- Workforce development and skill mix
- Working with vulnerable families.

These themes have been used to help determine the proposed approach and will be used further to develop the new integrated service. Further stakeholder engagement will take place with the following:

- Education settings
- Military families
- Parents and young people

### Children and Young People Needs Assessment

8. A Children and Young People Joint Strategic Needs Assessment (JSNA) has been carried out to help inform the development of an integrated 0-19 service. It provides an overview of some of the key issues and concerns impacting on the health and wellbeing of children and young people in North Yorkshire.

There is also a more detailed analysis of the three areas (school readiness, risk taking in adolescents and emotional and mental wellbeing) which form the focus of transformation of approaches of local partners to improve children, young people and families outcomes.

### Service Specification Review

9. Carrying out a review of current service specifications and developing integrated 0-19 specification, to help ensure that there is alignment with other services (e.g. children and family services, sexual health, child weight management service and oral health). Key points being considered include what would be different with the new service, making savings from 5-19 and the implications, reflecting community needs, digital solutions and virtual consultations. We have also looked at what other areas are doing or have done to innovate service and improve outcomes.

## NEW HEALTH CHILD PROGRAMME FROM APRIL 2020

10. The 0 – 5, 5 - 19 Service and Healthy Lifestyle Service (Healthy Choices) are being combined and redesigned to create a single 0-19 service with greater focus on issues such as school readiness, emotional and mental health and adolescent risk. The new service will be focussed on universal prevention as well as targeted support to those children, young people and families facing the greatest inequalities, working collaboratively with CYPS.

There has been measurable success in collaborative working with the Early Help Service (previously the Prevention Service) including

- Workforce reconfiguration
  - Co-location with CYPS Early Help Service
  - Establishment of the Improving Integration Group consisting of representation from CYPS, Public Health and the providers which facilitates integration e.g. sharing joint issues and pressures and ensuring teams are working to shared outcomes
  - Local joint integration improvement plans (one team approach)
  - Stronger performance management infrastructure
  - Improvement on key performance indicators.
11. There is an opportunity to take the Targeted Healthy Child Service (COMPASS Reach) and jointly commission with NY CCG's (COMPASS Buzz) this is currently under discussion. To pool resources from both programmes and jointly commission a school based universal and targeted emotional wellbeing offer and specialist substance misuse offer could support addressing feedback from children, families and professional that the emotional wellbeing support offer can be confusing and multiple access points are a barrier. This is currently under negotiation with the emerging accountable care Mental Health and Learning Disability Partnership.

### The Vision for Programme

12. To provide a comprehensive range of preventative and early interventions to expectant parents, children, young people and families in North Yorkshire. This includes a range of universal interventions delivered to the whole population, as well as targeted interventions and support to those with identified need and the most vulnerable.

To deliver high quality, evidence based interventions which support children and young people and families, and identify and respond appropriately to needs across North Yorkshire to improve health and wellbeing outcomes.

### A Focus on Outcomes

13. A clear focus on preventative and early intervention ways of working across the system and the Service will be required to deliver the Healthy Child Programme and contribute to the delivery of an integrated 0-19 services, in partnership with other local services with measurable and indicative outcomes.
14. The Service will contribute to delivering on reducing inequalities and improving the key outcomes as identified within the [Public Health Outcomes Framework](#), the [Guide to Early Years Profile](#), the [NHS Outcomes Framework](#) and others:

## Scope of New Service

15. Contribute to delivering an integrated 0-19 service in North Yorkshire for expectant parents, children, young people and families in the area that offers interventions from the antenatal stage up to the age of 19:
  - Antenatal to 2/3 years
  - Young Parents Programme
  - 2/3 to 4/5 years
  - 5 to 19 years (25 if Special Education Needs/Disabilities –SEND or are leaving care)
  - Enhanced Support to Vulnerable School Aged Children
  - School leavers 16+,
  - Transition to adult services.
- Deliver the:
  - National Child Measurement Programme (NCMP) and contribute in delivering the integrated healthy weight pathway
  - National Dental Epidemiology Programme.
  - Oral Health Improvement Programme
- Deliver evidence based initiatives in response to local need in the Healthy Child Programme High Impact Areas.
- Work with other agencies to maximise resources to innovate and provide coordinated effective support through mandated touch points for children, young people and their families who are at risk of not achieving desired outcomes. This includes being responsive to the needs and opportunities identified, promoting access to evidenced based support around attachment, early learning, healthy development, parental capacity, social inclusion and good maternal emotional wellbeing and mental health.

## Key Service Developments Areas

16. *Healthy Weight* – The proposal is to develop a tiered approach, universal support for healthier eating and increased physical activity (HDFT Nutrition Champions Programme, School Zone Programme, and Healthy School Award) and a more targeted weight management programme. This would mean a Healthy Choices Service that is more aligned to the system. Working through how this approach might be integrated into the HCP.
17. *Oral Health* – Integrate current oral health contract into HCP. Programme will have three elements – Mandated Annual Epidemiological Survey of Oral Health of Children, Targeted Settings based Tooth Brushing Scheme and Oral Health Education and Promotion.
18. *Social, Emotional and Mental Health* – See section 14 above. This will be in addition to the universal/targeted support offered through the HCP.
19. *School Readiness* - Piloting an enhanced programme to increase the percentage of children that are ready to learn at 4-5 years in Ryedale and East Whitby. This includes introducing additional developmental visit and assessment at 2/3 years - 4/5 years, as part of a new Integrated Ready to Learn Pathway.
20. *Risk Taking in Adolescents* – The focus is on maximising school attendance and providing support to vulnerable young people (e.g. Youth Justice, Safeguarding and LGBT).

## NEXT STEPS

### 21. Key Decisions

- CYPLT – 27 June 2019
- HASLT – 10 July 2019
- CMB – 12 July 2019
- CYPEX – 23 July 2019
- HASEX - 26 July 2019
- Council Exec – 13 August 2019

### 22. Procurement Key Milestones

- Approval of the procurement approach (Gate 1) – July 2019
- Develop the requirements and new agreement documents including negotiation with the Provider – August to November 2019
- Award Decision (Gate 3) – November 2019
- Implementation – November 2019 – March 2020
- Contract Start Date – 1 April 2020

STUART CARLTON  
Corporate Director, Children and  
Young People's Service

*Report Prepared by Emma Lonsdale*

*Background documents - Nil*