

Healthy Child Service

28th February 2024



Healthy Child Service

- North Yorkshire Council and Harrogate District NHS Foundation Trust S75 began July 2021
- Service is made up of 4 Pillars which cover Universal, mandated and targeted services
- The service can be accessed by phone, via health chat (app), virtual clinics and visit families at home dependent upon need



Mandated Contacts

Contact	21/22	22/23	23/24
Antenatal	94.1%	98.4%	97.4%
New Birth	91.2%	94.6%	93.5%
6-8 week	91.8%	94%	93%
1 year	96.7%	97.7%	98.6%
2.5 year	88.5%	93.7%	97.1%

Excellent cover of mandated contacts across North Yorkshire.

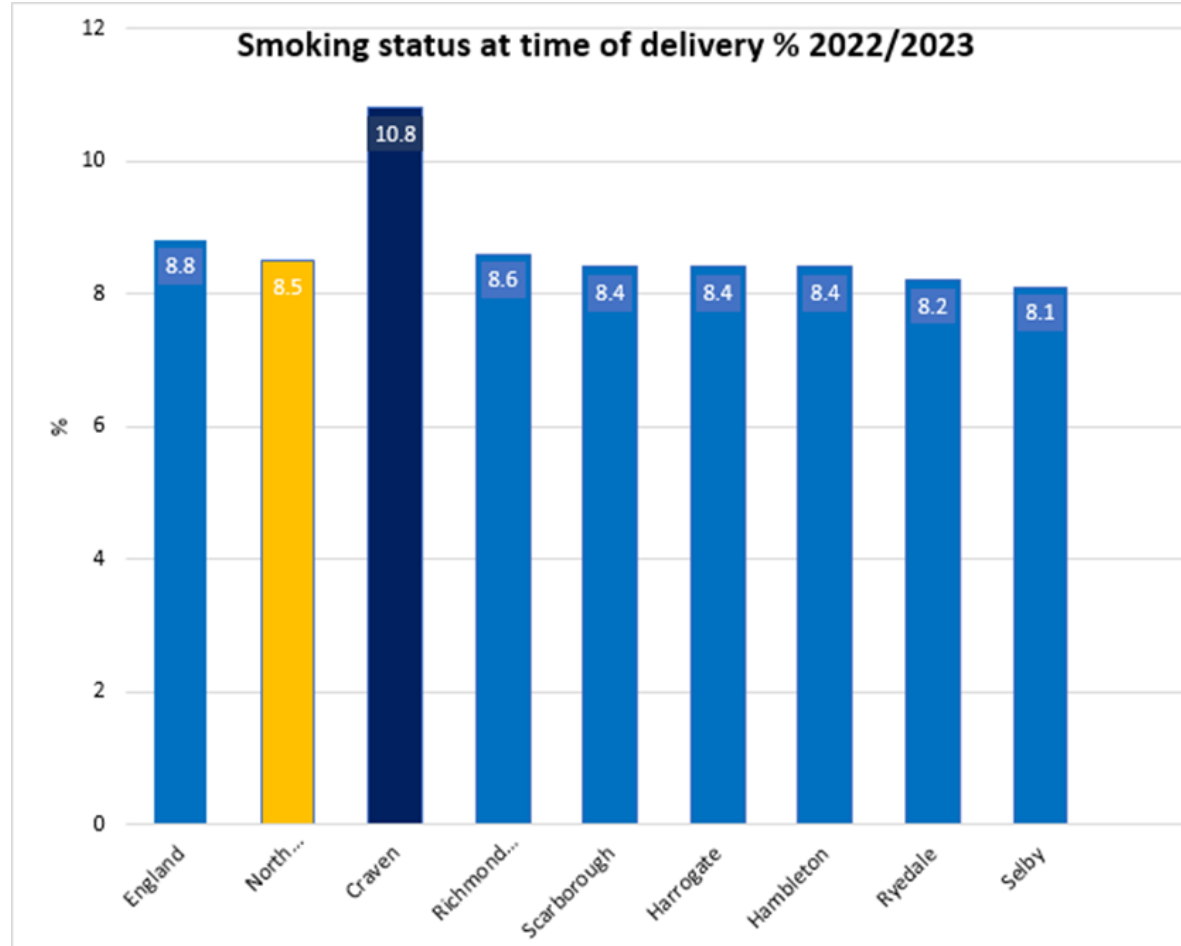
A wide range of topics are explored and discussed at each contact, including:

- Growth (what is “normal”)
- Development (common milestones)
- Wellbeing (mother and baby)
- Safety (safe sleep, toddler-proofing)
- Public health messages (imms)

Breastfeeding

	20/21	21/22	22/23	23/24	Direction
Exclusively Breastfed at new birth	Not available	47.2%	49.7%	51.1%	↑
Exclusively Breastfed at 6-8 week	34.7	39.1%	36.6%	37.2%	↑
Breastfeeding at 6-8 weeks	Not available	55.3	53.6%	54.8%	↑
Proactive calls	Not available	12.2%	15.3%	15.6%	↑

Smoke free



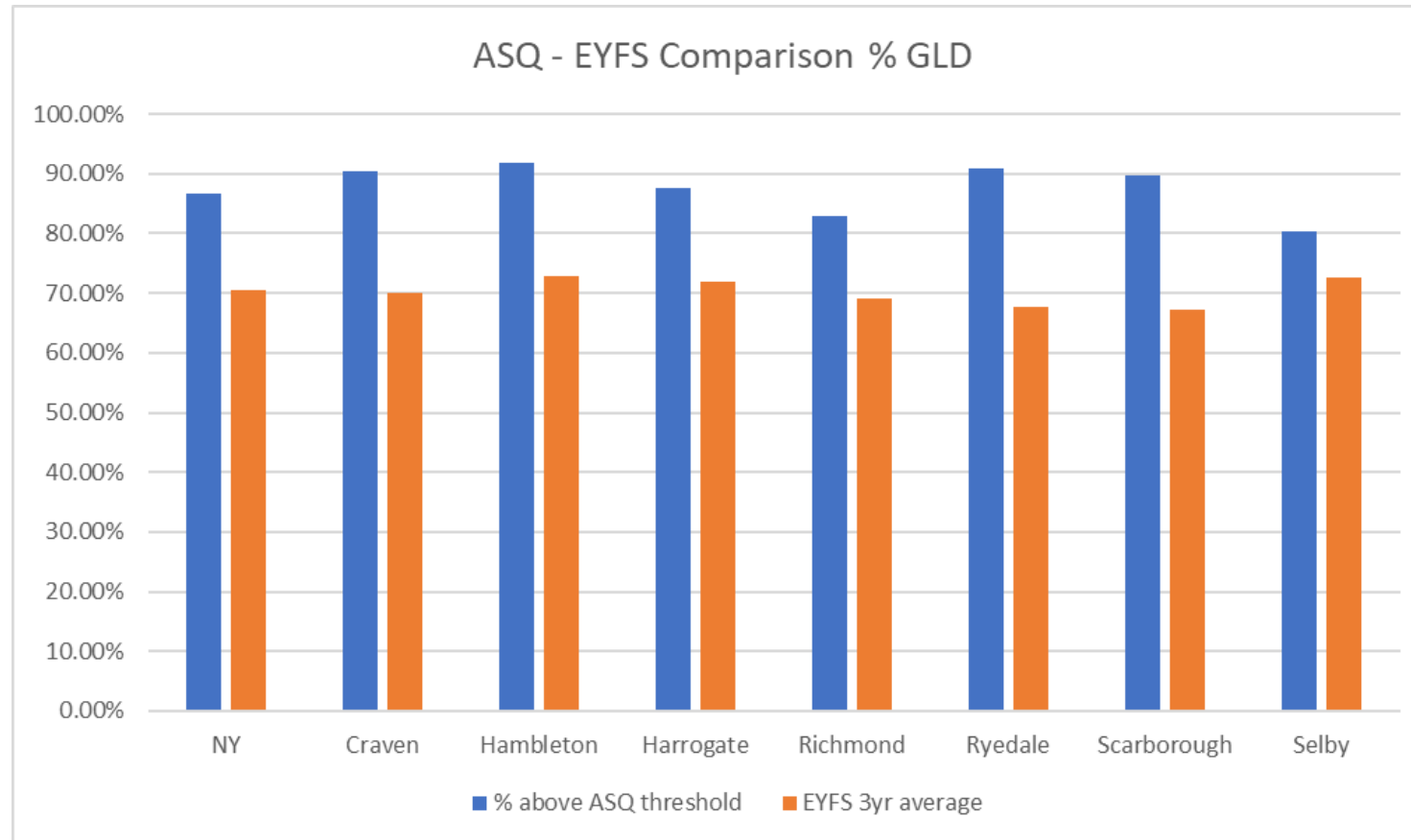
- The service promotes smoke free at all contacts
- Brief interventions for parents
- Makes proactive referrals to stop smoking

	20/21	21/22	22/23	23/24	Direction
Smoking at 1 st Antenatal appointment	253	263	298	205	↓
Offered brief intervention or referred to stop smoking service	147	163	191	114	↓
Number of women smoking at new birth visit	277	301	345	201	↓
Number of brief intervention and referrals at new birth visit	166	198	236	137	↓
12 months Number of parents offered brief intervention or referral	337	331	345	251	↓

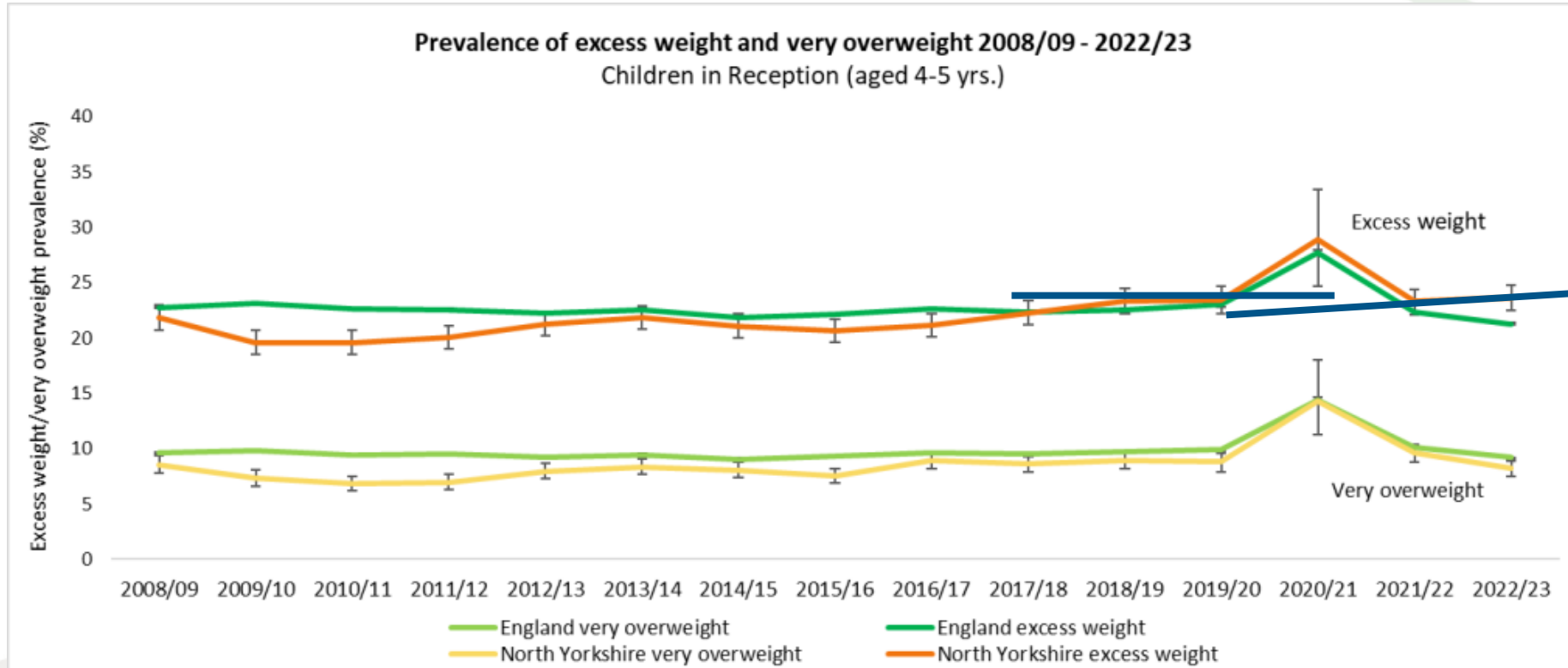
Child development at 2.5 – Ages and Stages Questionnaire

		20/21	22/23
ASQ assessments	% of children receiving a 2-2.5 year review with a completed ASQ-3	99.3%	99.5%
	% above threshold in communication	89.4%	91.3%
	% above threshold in gross motor	93.6%	96.3%
	% above threshold in fine motor	96.2%	96.9%
	% above threshold in problem solving	94.9%	94.9%
	% above threshold in personal social	94.3%	94.4%
	% above threshold in all areas	90.8%	88.2%

Good Level of Development

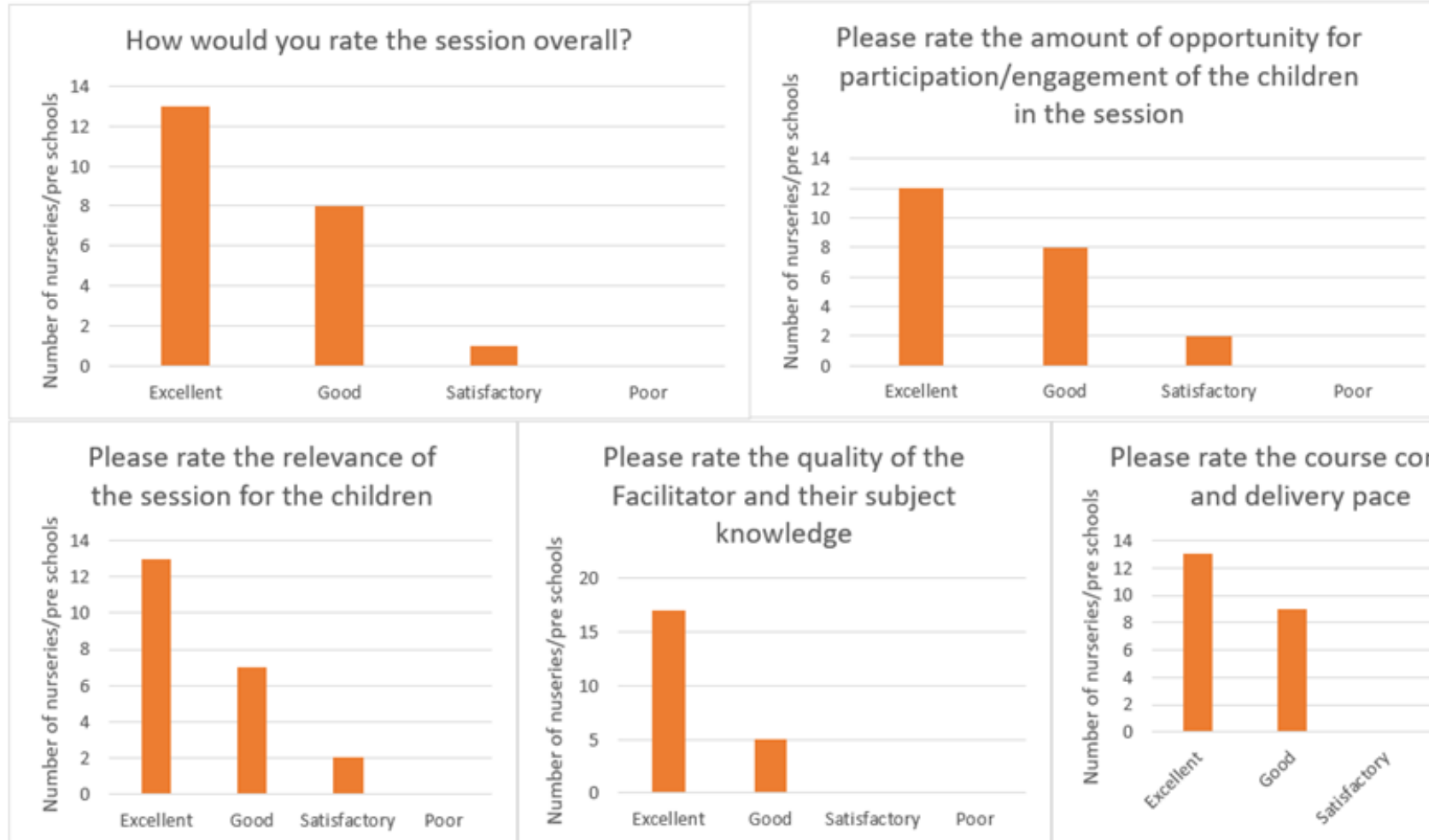


National Child Measurement Programme



The service deliver the Reception and Year 6 measurements
Early years have been identified as a priority group

Oral Health



- Oral health is discussed routinely at mandated contacts
- An Oral Health Package was developed and delivered to pre-school children in nurseries across summer of 2023
- Kite award Quality of Care winner for contributing to improving health

Home Environment Assessment Tool (HEAT)

The assessment:

- Routine for all home contacts
- Part of a holistic assessment - objective
- Includes safe sleeping and health and safety
- Identifies difficulties and concerns early
- Allows development of actions, programme of support and timescales
- Review as necessary

Findings from HEAT:

- Clutter/ rubbish
- Overcrowding
- Safe sleep
- Smoke alarm (none or broken)
- Malodourous
- Damp
- Lack of furniture
- Not suitable due to SEND
- No toothbrushes
- Multi-agency working

Partnership and Innovations

- Information sharing
- ELIM and Grow and Learn Pathway
- Mental Health
- Worrywise
- Choose and book
- Integrated Review